

# SKIN CARE CLASSES

## Skin Care Classes

Our training and coursework will cover subjects in anatomy, dermatology, bacteriology, bio-chemistry, aesthetics, yoga and even electricity. Many skin care courses will integrate essential hands-on training with the study of these important scholastic subjects. Skin care classes will instruct students in the science behind treatments like skin peels or exfoliations, along with advanced procedures for total nourishment of the skin.

GNV program of skin care, hair removal and spa training prepare students to gain information and knowledge to give a facial massage treatment, using oils, creams, lotions, or other preparations to properly protect the client from significant damage and to describe chemicals, implements and techniques used in hair removal; preparing the student who desires to be a professional in the field of esthetics, and helping with the knowledge, experience, skills and necessary skin care fundamentals to enter any phase of the spa and esthetics industry.

Our medical setting courses are focused on the specific needs of patients whose skin has been affected by a surgical procedure or some other trauma, like burn victims. Medical aestheticians may recommend the best makeup colors and products to enhance patients' natural beauty, so that even while they are suffering illness or injury, they can look in the mirror and smile. Take specialized skin care classes if you desire to work in this unique setting.

Students will have breakthrough



knowledge of the skin and all its elements including but not limited to structure and its functions, as well as the proper procedures behind the use of certain skin care treatments.

This curriculum will also train students in the latest treatments of spa therapies, hydrotherapy, make-up application, in addition to hair removal (waxing and tweezing). Students will explore subjects such as understanding the skin, sterilization, mask and spa therapy. Services that students will perform include facials, seaweed therapy, body wraps, exfoliating peels, relaxation treatments, stress recovery, waxing and massage of the neck and face.

This course also includes training in paramedical facial treatments as microdermabrasion, ultrasonic facials and state of the art skin analysis.

Another important part of the curriculum for skin care classes are hair removal techniques, eyebrow shaping and tinting, or mask applications. Esthetician students will also learn how to treat serious skin conditions, like sun damage or acne.

## **Aesthetics Training Program**

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1. Facial Treatments.
2. Spa Body Treatments.
3. Cosmetic Chemistry.
4. Skin Analysis.
5. Epidermabrasion.
6. Microdermabrasion.
7. UltraSound.
8. Hair Removal.
9. Chemical Peels.

Courses in business or even expanding your product knowledge will ensure skin care career-seekers are on the cutting edge of skin care know-how.